

NEWSLETTER UPWARD BOUND PROGRAM AT MCCC

WINTER 2013

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TUTORIAL STAFF 2012-2013

MHS

Math

▪ **Matthew Steele**

Science

▪ **Nicole Shaughnessy**

English

▪ **Deb Mau Hicks and Erin Basgall**

Upward Bound tutorials take place on
Tuesdays, Wednesdays, and Thursdays
from 2:30-4:30 PM in room A-112.

AHS

Math

▪ **Matt Pinter and Laura Olson**

Science

▪ **James Rafko**

English

▪ **Tim Curry and Jennifer Williams**

Upward Bound tutorials take place on
Mondays, Tuesdays and Wednesdays
from 2:30-4:30 PM in room 64-A and
room 22.

MONROE COUNTY COMMUNITY COLLEGE UPWARD BOUND PROGRAM RECOGNIZE AND CELEBRATES DR. MARTIN LUTHER KING, JR.



In celebration of Dr. Martin Luther King Holiday, we would like to take a moment to reflect on how the third Monday in January became a National Holiday. Immediately after the assassination of Dr. Martin Luther King, Jr. took place on April 4, 1968, at the Lorraine Hotel in Memphis, Tennessee, there was an outcry to have a holiday to commemorate the life of the slain civil rights leader. Democratic congressman, John Conyers, from Michigan, first introduced legislation for a holiday four (4) days following the death of Dr. King. However, the bill stalled, and Conyers along with the Democratic Representative of New York, Shirley Chisholm, resubmitted legislation for a King Holiday several years later. As time went on public pressure was ignited after civil rights marches in Washington, D.C. in 1982 and 1983, which led Congress to pass the holiday legislation later in 1983. President Ronald Reagan signed the bill into law after reaching a compromise that the King Holiday would be commemorated on the third Monday in January instead of January 15th, King's actual birthday, because it was considered too close to the Christmas and New Year's Holidays.

Below is the timeline wish made the Dr. King Holiday a reality

-1968 Martin Luther King, Jr. assassinated; Rep. John Conyers, D-Mich., introduces legislation for federal holiday to commemorate King.

-1973 Illinois is first state to adopt MLK Day as a state holiday.

-1983 Congress passes, President Reagan signs, legislation creating Martin Luther King, Jr., Day.

-1986 Federal MLK Holiday goes into effect.

-1987 Arizona Governor Evan Mecham rescinds MLK Day as his first act in office, setting off a boycott of the state.

-1989 MLK Holiday adopted in 44 states.

-1991 The NFL moves the 1993 Super Bowl site from Phoenix, AZ., to Pasadena, Ca., because of the MLK Day boycott.

-1992 Arizona citizens vote to enact MLK Day. The Super Bowl is held in Tempe, AZ., in 1996.

-1993 For the first time, MLK Day is held in some form-sometimes under a different name, and not always as a paid state holiday-in all fifty states.

-1999 New Hampshire becomes the last state to adopt MLK Day as a paid state holiday, replacing its optional Civil Rights Day.

-2000 Utah become the last state to recognize MLK Day by name, renaming it Human Rights Day state holiday.

South Carolina becomes the last state to make MLK Day a paid holiday for all state employees. Until now, employees could choose between celebrating it or one of three Confederate related holidays.

COLLEGE ROADMAP

Freshman Plan:

- Find a school counselor, teacher or mentor you trust for guidance, help and support.
- Talk with your parents/guardian now about your goals.
- Create a folder for your report cards awards/honors, etc.
- Find out what classes you'll need to graduate.
- Participate in school and community activities. They can help your college application stand out.
- Take foreign language classes.

Sophomore Plan:

- Find a school counselor, teacher or mentor you trust for guidance, help and support.
- Ask a college graduate for advice on preparing to go to college.
- Use local libraries and the internet to research schools.
- Check into Advanced Placement courses.
- Keep your grades up.
- Join clubs, sports or volunteer activities.
- Confused about test? Ask a counselor or teacher.
- Track: Keep a list of activities you do and awards you win.

Junior Plan:

- Find a school counselor, teacher or mentor you trust for guidance, help and support.
- Check into Advanced Placement courses.
- Find out which college prep tests you should take in your junior year, and be sure to sign up by the deadline date.
- Keep your grades up! It's especially important this year.
- Make a list of up to 10 colleges you're interested in.
- Take the appropriate college prep tests, e.g. SAT and ACT.
- October: Get admission requirements from college.
- Spring: Attend college fairs and visit colleges.
- Spring: Research scholarships and watch for their deadlines

Senior Plan:

- Review your high school transcript: compare it to your chosen college requirements.
- Ask teachers for letter of recommendation. Request the teachers to submit letter of recommendation
- Apply early for your dream school.
- October: Submit all college admissions applications by the end of the month.
- Register and take SAT and/or ACT tests. Send all scores to colleges you have submitted an application to.
- Apply for scholarships.

SENIOR HIGHLIGHT



Celeste Bakr
Celeste Bakr

WHAT ARE YOU GOING TO STUDY IN COLLEGE?

Chemistry with a pre-medical concentration

WHAT IS YOUR COLLEGE OF CHOICE?

University of Michigan

WHAT IS YOUR FAVORITE FOOD?

Pizza

WHAT IS YOUR FAVORITE MOVIE?

Harry Potter

WHAT ARE YOUR FAVORITE TV SHOWS?

The Vampire Diaries, Revenge and Pretty Little Liars

WHAT IS YOUR FAVORITE PART OF UPWARD BOUND?

The help provided.

WHO IS YOUR ROLE MODEL?

My Mom

HOBBIES:

Reading.

WHAT ARE SOME OF YOUR EXTRACURRICULAR ACTIVITIES:

National Honor Society, International Cultures Club, HOSA, Volunteering.

MOST MEMORABLE HIGH SCHOOL EXPERIENCE:

Being accepted into the University of Michigan.

WORDS OF WISDOM:

Try new things!

WHAT ARE YOU GOING TO STUDY IN COLLEGE?

Cooking

WHAT IS YOUR COLLEGE OF CHOICE?

Henry Ford Community College

WHAT IS YOUR FAVORITE FOOD?

Tamales

WHAT IS YOUR FAVORITE MOVIE?

Toy Story

WHAT ARE YOUR FAVORITE TV SHOWS?

ESPN and the Cooking Channel

WHAT IS YOUR FAVORITE PART OF UPWARD BOUND?

The summer program.

WHO IS YOUR ROLE MODEL?

Michael Jordan

HOBBIES:

Doing music and playing sports

WHAT ARE SOME OF YOUR EXTRACURRICULAR ACTIVITIES:

Upward Bound

MOST MEMORABLE HIGH SCHOOL EXPERIENCE:

Going to Winterfest my Freshman year with all my friends.

WORDS OF WISDOM:

Listen to your heart.



Marlin Daniels
Marlin Daniels



Ashley "Missy" Epps

WHAT ARE YOU GOING TO STUDY IN COLLEGE?

Psychology and Education

WHAT IS YOUR COLLEGE OF CHOICE?

Sienna Heights University

WHAT IS YOUR FAVORITE FOOD?

Chicken and Dumplings

WHAT IS YOUR FAVORITE MOVIE?

Fievel Goes West

WHAT ARE YOUR FAVORITE TV SHOWS?

Pinky and the Brain Animaniac, Tom and Jerry, Power Puff Girls

WHAT IS YOUR FAVORITE PART OF UPWARD BOUND?

Meeting new people, getting closer to friends, and growing into a wiser young lady.

WHO IS YOUR ROLE MODEL?

My family

HOBBIES:

Reading, writing poetry

WHAT ARE SOME OF YOUR EXTRACURRICULAR ACTIVITIES:

Track & Field, Kid's Club, 4-H, Positive Peer Influence (PPI), Student Council, Ignition Mentor

MOST MEMORABLE HIGH SCHOOL EXPERIENCE:

Homecoming Freshman Year

WORDS OF WISDOM:

Every day may not be good, but there is good in every day.

WHAT ARE YOU GOING TO STUDY IN COLLEGE?

Dental Hygienist

WHAT IS YOUR COLLEGE OF CHOICE?

Owens or Monroe County Community College

WHAT IS YOUR FAVORITE FOOD?

Chinese Food.

WHAT IS YOUR FAVORITE MOVIE?

Love and Basketball

WHAT ARE YOUR FAVORITE TV SHOWS?

Tia and Tamara

WHAT IS YOUR FAVORITE PART OF UPWARD BOUND?

Summer Program

WHO IS YOUR ROLE MODEL?

My Parents

HOBBIES:

Basketball and coaching

WHAT ARE SOME OF YOUR EXTRACURRICULAR ACTIVITIES:

Basketball and Student Council

MOST MEMORABLE HIGH SCHOOL EXPERIENCE:

My first food court day

WORDS OF WISDOM:

Don't take high school for granted, years fly by!



Demoree Hampton



Brandi Miller
Brandi Miller

WHAT ARE YOU GOING TO STUDY IN COLLEGE?

Biochemistry and then pre-medicine

WHAT IS YOUR COLLEGE OF CHOICE?

University of Toledo or Sienna Heights

WHAT IS YOUR FAVORITE FOOD?

Pineapples, Gold Fish, and Missy's Grandma's mac-n-cheese

WHAT IS YOUR FAVORITE MOVIE?

Freddy V. Jason, and any Halloween Movie

WHAT ARE YOUR FAVORITE TV SHOWS?

Courage the Cowardly Dog, Robot Chicken, and Family Guy

WHAT IS YOUR FAVORITE PART OF UPWARD BOUND?

Playing the Wii with the girls on the end of the summer trip.

WHO IS YOUR ROLE MODEL?

My Mom, Shawna

HOBBIES:

Working, and hanging out with Missy, Christina, and Perfenee

WHAT ARE SOME OF YOUR EXTRACURRICULAR

ACTIVITIES:

BPA, Kids Club, National Technical Honor Society, 4-H, National Honor Society

MOST MEMORABLE HIGH SCHOOL EXPERIENCE:

Dancing on the Upward Bound tables in heels with Missy and Perfenee

WORDS OF WISDOM:

Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate, only love can do that.
Also, always be nice to Ms. Lambert.

WHAT ARE YOU GOING TO STUDY IN COLLEGE?

Early Childhood Development

WHAT IS YOUR COLLEGE OF CHOICE?

Oakland Community College or Monroe County Community College

WHAT IS YOUR FAVORITE FOOD?

Italian, Chicken Alfredo

WHAT ARE YOUR FAVORITE TV SHOWS?

Bad Girls Club

WHAT IS YOUR FAVORITE PART OF UPWARD BOUND?

All of the trips and opportunities

WHO IS YOUR ROLE MODEL?

Myself

HOBBIES:

Getting my nails done, watching movies, hanging out with friends

WHAT ARE SOME OF YOUR EXTRACURRICULAR

ACTIVITIES:

Basketball and Student Council

MOST MEMORABLE HIGH SCHOOL EXPERIENCE:

Freshman year homecoming

WORDS OF WISDOM:

Live, laugh, love and embrace every experience.



Keeyana Thomas
Keeyana Thomas

ACT INFORMATION

If you are a Junior who would like to take the ACT test prior to the required March 2013 testing date, or a Senior wishing to re-take the ACT the following are dates to remember. At least 2 ACT test fee waivers are available to all Upward Bound students, if interested see Ms. Lambert

ACT TESTING

February 9, 2013*

April 13, 2013

June 8, 2013

REGISTRATION DEADLINE

January 11, 2013

March 8, 2013

May 3, 2013

ACT STUDY PRACTICE:

Listed below are free online resources available for practice for the ACT.

<http://www.studyguidezone.com/pdfs/accteststudyguide.pdf>

<http://www.actstudent.org/testprep/>

http://www.testprepreview.com/act_practice.htm

<http://www.learnatest.com/LEL/index.cfm/> (free, but creation of username and password is required. Online practice tests are available for all four tests, plus writing. Downloadable e-books and e-courses are also available.

<http://www.sparknotes.com/testprep/books/act/>

<http://www.4tests.com/exams/examdetail.asp?eid=13>

SCHOLARSHIPS:

January of each year marks the beginning of the release of local scholarships. Please see Ms. Lambert in the Upward Bound office in A-115 for more details, or go to Monroe High School webpage: <http://www.monroe.k12.mi.us/MonroeHS.cfm?subpage=8132>. Scroll down on the left hand side of the webpage, and click on "SCHOLARSHIPS". Then click on the scholarships you are interested in. You may download and printout the application. Be sure to note deadlines. The scholarships deadlines are usually the third or fourth Friday in March.

Honor Roll

MHS

Demetrius Adams

Celeste Bakr

Coriya Bakr

Dedra Brown

Jonathon Brown

Ricky Canales

Ashley "Missy" Epps

Jessica Hammac

Demoree Hampton

Melissa Linden

Brandi Miller

Kendra Murphy

Autumn Pillarelli

Keeyana Thomas

George Vasquez

Matthew Wills

Perfenee Womack

AHS

Angela Clegg

Kimberly Ellison

Amber Horne

Kyle Kobielski

Sierra Langton

Kristin Litton

Lauren Rae

Codey Smock

Courtney Rae

FAFSA WORKSHOP:

Upward Bound Seniors and Parents are invited to come to Monroe High School on Thursday, January 24, 2013, in computer lab room C-126 from 2:45 to 4:30 PM to receive assistance in filling out the online FAFSA. The FAFSA is the Free Application for Federal Student Aid. It is an online form provided by the U.S. Department of Education which is completed annually beginning January 1 of each year to determine prospective and current college students' eligibility for financial aid at the federal, state and institutional level. The aid is provided on a first-come, first-served basis, so it is recommended that you fill out this online application as soon as possible. There are approximately 130 questions that are asked on the FAFSA. The questions focus on students'/parents'/guardians' assets, income and dependency. The information is entered into a formula and then your EFC or Expected Family Contribution is determined. The documents that you will need to answer these questions are as follows:

- The student's driver's license and social security card (parents' if you are a dependent student).
- The student's current income tax returns, W-2 forms, and 1099 forms
- The parents' current income tax returns, W-2 forms, and 1099 forms
- Information on cash; savings and checking account balances; investments, including stocks and bonds real estate but not including the home in which you live; and business and farm assets for you, and for your parents if you are a dependent student.
- Records of your untaxed income, such as child support received, interest income, and veterans non-education benefits, for you, and for your parents if you are a dependent student..
- Records relating to any unusual family financial circumstances, such as medical and dental expenses not covered by health insurance, tuition expenses at elementary or secondary schools, unusually high child care costs, death, divorce, and loss of employment.

Beginning in February 2012, the IRS Data Retrieval Tool was available to students and parents. For those who completed their taxes in 2011, they will now be able to retrieve their tax information while they are using FAFSA on the Web. There are just a few simple steps to follow in transferring your tax information to your FAFSA.

Since you apply for the FAFSA online, you must have a secure way of providing an online signature. This is done by applying for a PIN at <http://www.pin.ed.gov>. Your PIN will be a 4 digit number of your choice or one will be assigned to you. Be sure to sign up for your PIN 1 to 3 days prior to filling out the FAFSA so that your identity is confirmed with the Social Security Administration so that you are successfully able to submit your FAFSA.

A Student Aid Report (SAR) is then sent to the student, which is a summary of their FAFSA responses, and is also sent to the colleges/universities that the student listed on their FAFSA, this is called the ISIR.

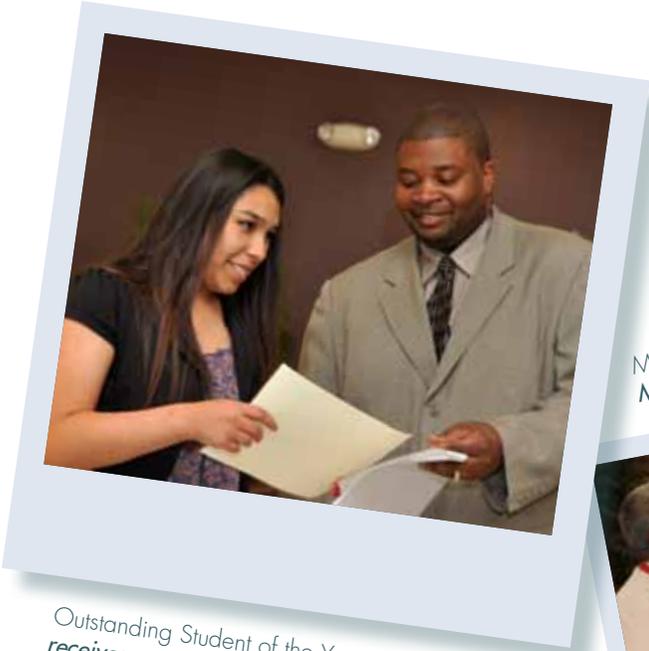
The four most common types of financial aid are: (1) Pell grants, if you have a low EFC you can receive up to \$5,500 of money you do not have to repay; (2) Stafford Loans, fixed low interest rate which does not have to repaid so long as you are enrolled at least half time in college; (3) Perkins Loan, like Stafford Loan, but money is loaned through school at a low rate; and (4) Federal Work Study Program, student can work part-time and the federal government reimburses the school for the hours worked for salary and/or tuition.

Sources: <http://studentaid.ed.gov/fafsa/filling-out>, and <http://en.wikipedia.org/wiki/Fasfa.gov>.

UPWARD BOUND 2012 BANQUET



From Left to Right: Perfenee Womack, Missy Epps, Brandi Miller, Joy Campbell, Will Schwab, Ryley Bourbina, Caleb Neal, Raynisha Thomas, Coriya Bakr, Kendra Murphy, Celeste Bakr, Jesse Lathan, and Demetrius Adams.



Outstanding Student of the Year: *Celeste Bakr* receives award from, Upward Bound Director, Mr. Anthony Quinn.



Monroe High School Assistant Principal, Mr. Otto Zillgitt, speaks at MCCC banquet



MCCC's President, Dr. David Nixon, speaks at MCCC banquet



2012 Graduating Upward Bound Seniors: From left to right: *Valencia Wright, Raynisha Thomas, Racheal Pierce, Christian Neal, Caleb Neal, Ryley Bourbina, Cherise Hall, and Will Schwab.*



2012 Grad, Caleb Neal



Missy Epps and Celeste Bakr



2012 Grad, Ryley Bourbina



From left to right: *Valencia Wright, Christian Neal, Caleb Neal, Racheal Pierce, Cierra Narvab, Missy Epps, Will Schwab, Coriya Bakr, and Celeste Bakr*

UPWARD BOUND 2012 SUMMER

From Left to Right: Justice Shover and Emma Plummer



From Left to Right: Riley Parrot and Trevin Keith

From Left to Right: Ricky Canales, Marlin Daniels, Jaelyn Evans, and Kendra Murphy



Emma Plummer

Missy Epps

